

Intent:

To put in place the key building blocks of healthy, respectful relationships, focusing on family and friendships, in all contexts, including online. To give pupils the knowledge and capability to take care of themselves and receive support if problems arise. To foster pupil wellbeing and develop resilience and character that are fundamental to pupils being happy, successful and productive members of society. To improve pupils' ability to believe that they can achieve goals, both academic and personal; to stick to tasks that will help them achieve those goals, even when the reward may be distant or uncertain; and to recover from knocks and challenging periods in their lives.

Term	Week/s	Topic/Theme <i>Key vocabulary including Tier 3 subject specific words</i>	Learning Outcomes Knowledge and Skills To know, to use, to apply...	Links to: Literacy, Numeracy, SMSC Gatsby Benchmarks
Autumn 1		Families <i>Family, mother, father, sister, brother, grandfather, grandmother, aunty, uncle, cousin, carer, relative.</i>	<ul style="list-style-type: none"> that families are important for children growing up because they can give love, security and stability. that stable, caring relationships, which may be of different types, are at the heart of happy families, and are important for children's security as they grow up. 	<p>Literacy: Look at pictures. Talk or write about text/pictures. Reading with support. Ask questions. Answer questions. Role play. Develop vocabulary. Comprehend. Make marks on material. Practise handwriting. Practise spelling. Write with support. Use knowledge of the alphabet. Start to use punctuation. Make sounds to communicate. Speak coherently. Use new vocabulary.</p> <p>Numeracy: Making connections and comparisons.</p> <p>SMSC: Enjoy learning about themselves. Enjoy learning about others. Enjoy learning about the world around them. Use imagination. Recognise right and wrong. Understand consequences. Socialise with other pupils and other people. Mix with pupils or other people from different ethnic backgrounds. Cooperate with others. Engage in British values. Participate positively in art. Participate positively in music. Participate positively in sport.</p> <p>Gatsby Benchmarks: Addressing the needs of each pupil.</p>
Autumn 2		Caring Friendships <i>Friend, friendship, trust, loyalty.</i>	<ul style="list-style-type: none"> how important friendships are in making us feel happy and secure, and how people choose and make friends. practical steps they can take in a range of different contexts to improve or support respectful relationships. 	
Spring 1		Respectful Relationships <i>Please, thank you, polite, manners, respect.</i>	<ul style="list-style-type: none"> the conventions of courtesy and manners. 	
Spring 2		Online Relationships and Media <i>Internet, computer, technology, online, online safety.</i>	<ul style="list-style-type: none"> the rules and principles for keeping safe online, how to recognise risks, harmful content and contact, and how to report them. 	
Summer 1		Being Safe <i>Privacy, private, trust, safe touch.</i>	<ul style="list-style-type: none"> about the concept of privacy and the implications of it for both children and adults; including that it is not always right to keep secrets if they relate to being safe. that each person's body belongs to them, and the differences between appropriate and inappropriate or unsafe physical, and other, contact. how to ask for advice or help for themselves or others, and to keep trying until they are heard. 	
Summer 2		Mental Wellbeing <i>Emotion, feeling, happy, excited, sad, angry, worried.</i>	<ul style="list-style-type: none"> that there is a normal range of emotions (e.g. happiness, sadness, anger, fear, surprise, nervousness) and scale of emotions that all humans experience in relation to different experiences and situations. how to recognise and talk about their emotions, including having a varied vocabulary of words to use when talking about their own and others' feelings. 	

Intended impact:

For pupils to become successful and happy adults who make a meaningful contribution to society.

For pupils to develop key learning behaviours, in particular forming positive relationships with others.

Health Education covered as part of the existing curriculum in the following subjects:

- Internet Safety and Harms – Computing
- Physical Health and Fitness – PE
- Healthy Eating – Food Technology
- Drugs, Alcohol and Tobacco – Science
- Health and Prevention – Science
- Changing Adolescent Body – Science