



Are you the parent of a child aged 1 year or over with sleep issues?
Are you concerned about your child's sleep pattern preparing to return to
School?

Would you like to speak with an experienced Sleep
Practitioner about those issues?

Telephone

1-2-1 Sleep Clinic Appointments

Due to the COVID-19 Our Face to face clinics are on hold, however we are keen to support families however we can, we are offering appointments over the telephone mostly but are happy to use video calls too.

To find out more or to book an appointment please contact: -

Claire and Carol 07912 667676 or preferably email

Office@thesleepcharity.org.uk

Follow us on Facebook The Sleep Charity Claire and Carol

