



Department
for Education

National RSHE Day Thursday 25th June 2020



From September 2020, all schools are required to teach Relationships, Sex and Health Education (RSHE). This will replace PSHCE lessons. At Stone Hill School, we are calling RSHE 'Health and Wellbeing'. Below are some FAQ to help parents and carers of Stone Hill School.

What is RSHE?

RSHE stands for Relationships, Sex and Health Education. There are 6 topics covered within RSHE lessons at Stone Hill School; Families, Caring Friendships, Respectful Relationships, Online Relationships & Media, Being Safe and Mental Wellbeing. In addition, other areas of Health Education, such as Physical Health, will be embedded within the wider curriculum (PE, Science, Computing etc).

Who will be taught RSHE?

Every pupil at Stone Hill School will be taught RSHE, however, pupils in Lower School (KS1 and KS2) will only be taught Relationships and Health Education, whereas pupils in Upper School (KS3 and KS4) will also be taught Sex Education. Pupils in Upper School will be assessed on an individual basis and will only be taught Sex Education if staff and parents are confident that it is appropriate. 'The Changing Adolescent Body' will continue to be taught to all pupils, including those in Lower School, as part of the Science curriculum.

Who will teach RSHE?

Miss Walker has attended training sessions with education and health specialists at Doncaster Council. The curriculum that we are delivering at Stone Hill School has been adapted by Miss Walker and the Senior Leadership Team to meet the needs of our pupils. By September 2020, all teaching staff will have accessed training and will therefore be prepared to deliver RSHE to our pupils.

How will RSHE be taught?

Pupils will be encouraged to participate in discussions as well as complete practical and written work. Experiential learning will play a big part in RSHE lessons and staff are planning to make lessons as 'real life' as possible, in order to put abstract concepts into context and make each lesson memorable and meaningful. Pupils will have one lesson of RSHE per week.

How is RSHE different to PSHCE?

RSHE is very similar to PSHCE, and certain topics, such as 'Families', will continue to be taught across school. RSHE puts more emphasis on mental wellbeing and will provide key building blocks to healthy, respectful relationships in all contexts. RSHE will give pupils the knowledge and capability to take care of themselves, to develop resilience and to improve self-belief.

Please visit <https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education> for more information.

Miss Walker will invite parents and carers to an information session in school once we return. In the meantime, if you have any questions, please contact Miss Walker by emailing hwalker@stonehillsch.co.uk.