

**Stone Hill School**  
**Curriculum Plan 2019/20**  
**Physical Education Year 9**

**Intent:**

The structure of our P.E curriculum is divided into three main components.

**Performance and skill** enables all children to explore simple skills, copy and repeat simple actions with control and coordination. Then repeat simple actions with control and coordination to show varying skills, actions and ideas. All this is linked to activities and beginning to show some understanding of simple tactics.

**Knowledge and analysis** shows children can talk about and compare their own and peer assessed performance by suggesting improvements. Pupils will show an understanding of how to exercise safely and describe their body's feelings during activities.

**Leadership and teamwork** shows pupils can get equipment ready safely and explain the importance of a warmup. They can work in small groups and demonstrate 2 rules to keep safe.

Term	Week/s	Topic/Theme <i>Steam</i>	Learning Outcomes Knowledge and Skills To know, to use, to apply...	Literacy Link Numeracy Link SMSC Link
Autumn 1	1 - 3	Target activities / Tag game	<ul style="list-style-type: none"> <li>To show precision and accuracy when throwing a ball at a target.</li> <li>To demonstrate a range of throwing techniques effectively.</li> <li>To be able to apply skills and knowledge learned when playing target activities in different situations.</li> </ul>	<p><b>Literacy</b> – Reading, speaking and listening. Writing down scores and peer/self-feedback. Questioning and using key words.</p> <p><b>Numeracy</b> – Counting and keeping score. Scoring targets at different levels. Timing and problem solving.</p> <p><b>SMSC</b> – Communication skills and working with others. Sense of achievement, morals and fair play.</p>
Autumn 2	3 - 8	Tag Rugby / Tag Games	<ul style="list-style-type: none"> <li>To show ball control with intention and accuracy.</li> <li>To show an understanding of keeping possession / defending and attacking.</li> <li>To demonstrate tactical strategies when playing in a game situation.</li> <li>To show an understanding of spatial awareness.</li> </ul>	
	1 - 4	Football / Team Sports	<ul style="list-style-type: none"> <li>To show ball control with power and accuracy when kicking the ball.</li> <li>To be able to track and receive a ball using your foot.</li> <li>To show an understanding of how to apply possession, defending and attack techniques with intention and direction.</li> <li>Show good leadership and effective participation. Communicate with team players.</li> </ul>	
	4 - 7	Team Building  Fixtures – Play against another school for a tournament to apply skills and techniques learnt.	<ul style="list-style-type: none"> <li>To be able to play in a small 5 vs 5 game, supporting team players and giving positive comments.</li> <li>To give peer and self-feedback about performance levels.</li> <li>Social interaction in a competitive situation. Display knowledge of learned skills and tactical techniques.</li> </ul>	
Spring 1		Fitness	<ul style="list-style-type: none"> <li>To identify and demonstrate some fitness components relating to skills. E.g. speed, agility, hand eye co-ordination, strength &amp; flexibility.</li> <li>To independently measure and record your individual fitness levels.</li> </ul>	Gatsby 8

			<ul style="list-style-type: none"> <li>To understand how to safely use fitness equipment and put it away correctly.</li> </ul>	
<b>Spring 2</b>		Team Sports/Basketball	<ul style="list-style-type: none"> <li>To learn and apply a range of passing techniques.</li> <li>To develop tactical techniques for defending.</li> <li>To demonstrate skills based techniques in a game style situation.</li> </ul>	
		Orienteering	<ul style="list-style-type: none"> <li>To use and apply map skills for a familiar and unfamiliar setting e.g. school grounds and residential grounds.</li> <li>To follow directional movement using the 8 components of a compass.</li> <li>To independently follow instructions and directional movement using clues.</li> </ul>	<b>Gatsby 4</b>
<b>Summer 1</b>		Unihoc / Cricket	<ul style="list-style-type: none"> <li>Play to, adapt and invent rules for striking and fielding games.</li> <li>To develop and demonstrate striking skills and techniques.</li> <li>To perform the correct stance for a striker.</li> <li>Play cooperatively with teammates; making decisions when to run for point and when not to.</li> <li>To understand and show the active role of a fielder and know how to 'attack the ball'.</li> </ul>	
<b>Summer 2</b>		Athletics / Summer sports	<ul style="list-style-type: none"> <li>To recognise and demonstrate athletic activities relating to wider events e.g. Sprinting – tracks event &amp; Javelin – Field events - Olympics.</li> <li>Take responsibility for their own skill progression by suggesting ways to make activities more challenging.</li> <li>To take part and possibly lead events for an athletics event e.g. sports day / healthy lifestyle week.</li> </ul>	<b>Gatsby 7</b>

**Intended impact:**

By the end of year 9 pupils will have a secure understanding about control and coordination by linking them to a specific sport or technique. They will be able to confidently give peer and self-assessment whilst suggesting improvements. Also, pupils will have learned greater team work and leadership skills from taking part in tournaments and fixtures internally and with other schools.