



**J&D**  
**Activities**

**Info Pack**

# About Us

J & D Activities was formed in 2013 with the purpose of providing a safe, developmentally appropriate environment for children and young people with learning difficulties and/or disabilities.

Our focus is to provide a stimulating, environmental experience, which promotes each young person's social, emotional, physical and cognitive development.

Our goal is to support the needs and development of all young people and families we engage with.

Choose from a wide and varied range of activities and support for children and young people with SENs, Learning Disabilities and Physical Disabilities.

## **Our Aim**

Our aim is to help promote both physical and mental well-being to young people with Special Educational Needs and Learning Disabilities, whilst ensuring of course, that they are enjoying each session.

Physical and mental health are related, with one affecting the other:

Preventing, treating and managing **physical health** conditions also requires improving mental health and wellbeing.

Preventing, treating and managing **mental health** problems requires addressing physical health.

Being in good mental and physical health brings:

- Resilience in coping with difficulties
- Good relationships with others
- A clearer thinking process
- Improved decision making
- A more optimistic outlook
- A sense of control and self efficacy

# 1-1 Support

J&D Activities are able to provide workers for sessional support hours which are funded through DMBC short breaks scheme, adult services or private.

## **What is sessional support?**

Sessional Support is for families who wish to use sessional workers, or are unable to purchase support through Direct Payments, they can ask the Local Authority to approach approved companies who may be able to provide a sessional worker. As with Direct Payments, the child's needs are identified through the Whole Family Action Plan. The plan is shared (with parents' consent) to a potential provider to judge whether it can meet the child's individual social and emotional needs and achieve the identified outcomes aspired to.

## **Will I have to pay for short break sessional support?**

Parents/carers may be required to fund any additional costs associated with activities for their child, e.g. transport to and from events and refreshments. Such expenses will be made clear in advance by those providing the service. Disability Living Allowances (DLA) can be used to support SB activities.

## **How do I apply for Short Break sessional support?**

The Council has a duty to offer a range of services to eligible children, young people and their families<sup>1</sup>. Families who wish to refer themselves are required to contact the Early Help Hub ('One Front Door') and an assigned Lead Practitioner will initiate an Early Help Assessment.

This assessment will identify the needs of the family and what support/services are available. This information may lead to a Short Break referral. If the referral meets the above criteria, a Short Break Assessment Officer will undertake a Needs Based Assessment (NBA). This will assess the levels of need of the child/young person and discuss potential options to meet need.

The SB support can be the main intervention or part of a package of multi-agency support. Parents/ carers will be involved in deciding what type of support they believe is necessary for their child. Applications will be considered by a panel of relevant professionals. Parents/carers will be informed of the outcome in writing.

# After School Clubs

This service is available to children and young people to participate in fun activities in a friendly and safe environment.

**Available:** Monday 4.15pm - 6.45 pm  
(ages 6 - 11)  
Cost £3 (includes Tea)

Thursday 4pm - 7pm  
(ages 12 - 19)  
Cost £5 (includes Tea)

There is also a tuck shop for sweets and pop.

Activities include;

Board Games

Music & Disco

Gardening

Computer Games

Play-Doh

Baking

IT and Library

Arts and Crafts

Pool and Table Football

Bingo

Puzzles

Indoor and Outdoor sports equipment

# Disco

We hold a monthly disco on a Friday night. The disco is from 5:30pm-7:30pm costs £7 and includes pie and peas. For regular disco updates please join us on Facebook at J&D Activities.

# Saturday Club

This service is available to children and young people to participate in fun activities in a friendly and safe environment.

**Available:** Saturday 11 am - 3 pm open to any age

**Cost:** £12.50

**Food:** Dinner is provided. There is also a tuck shop for sweets and pop.

Activities include;

Board Games

Music & Disco

Gardening

Computer Games

Play-Doh

Baking

IT and Library

Arts and Crafts

Pool and Table Football

Board Games

Bingo

Puzzles

Indoor and Outdoor sports equipment

# Dance Class

This is available to any age and is held on a Saturday 3:30pm-4:30pm and has a charge of £5. A fun class with a wide range of dance genres, Also suitable for wheelchair users. The class is held at Wheatley Youth Centre, Parkway South, DN2 4JS.

# Activity Day Centre

This service is available to young people and adults with Special Education Needs and Learning Disabilities who are looking for additional activities and support during the week.

**Available:** Monday from 9:00 am to 3:00 pm. (Other days available on request.)

**Cost:** £25

**Food:** Packed lunch required.

Activities include;

Board Games

Music & Disco

Gardening

Computer Games

Baking

Pool and Table Football

IT and Library

Arts and Crafts

Bingo

Puzzles

**Life Skills:** We also provide life skills development for each Activity Day Care attendee. This covers several areas including social and communication skills, cooking with confidence, budgeting and money handling.

We also focus on independence and support with each individual being encouraged to make their own choices.

We visit local shops and amenities using public transport to encourage learning about;

Road safety

Danger and risk

Responding to verbal direction

Communicating with others in the community

Using a bus pass

Handle money

Acceptable public behaviour

Bus Routes and numbers

Train routes

# School Holiday Activities

We run fun and exciting activities throughout each school holidays. These are just a few of the activities we provide;

Go-Karting  
Laser Quest  
Horse Riding  
Alton Towers  
Zorb Football  
Board Games  
Drama session  
Music & Disco  
Gardening  
Console Games  
Baking  
Sumo suits  
IT and Library  
Rounders  
Arts and Crafts  
Sundown adventure land  
Flamingo Land  
Games  
White Water Rafting  
Adventure Activity Course  
Forest School  
Crich tramway museum  
Altitude high ropes adventure

For regular school holiday activity lists please join us on our Facebook page at J & D Activities.

# Communi-Tea Cafe

Communi-Tea Cafe offers training and employment for services users, residents, students and volunteers. It provides work experience and work placements at Communi-Tea Café, Milton Court, Manna Pop up Café, High street Bentley and Time2Play Plantation Road, Balby Doncaster, with a view to progressing into paid employment should that be available and suitable for the employee.

Its focus is to provide long term support and investment in Communi-Tea Café and offer a pathway employment opportunity for more experienced Communi-Tea Café staff who are ready to move into an experienced catering provision at Manna Café and Time2play.

The model is designed to provide service users, residents, students, volunteers and community groups to feel a sense of shared ownership and health and well-being, whilst promoting inclusive working to other professionals, community members and organisations around SEND and Mental Health.

Communi-Tea Café, Manna Café and Time2play encourage the growth of other groups attending and intergenerational gaps within the community, whilst encouraging independence and life skills to the communities most vulnerable young people and adults. Communi-Tea Café is situated in a central accessible safe environment and location, where people who are socially isolated can attend whilst still within their own supported accommodation. The 3 provisions combined develop a social network for vulnerable and hard to reach members of the community whom otherwise would face barriers to obtaining friendships, integration and employment, in the communities they reside in.

Communi-Tea Café is a  
Leger Homes and J & D

joint social enterprise with St  
Activities.





# Junior PCSO

## Overview of the scheme

### Background

The Borough Strategy, 'The Culture of Responsibility' and the Children Act 2005 (Every Child Matters) identify the need to ensure that children and young people enjoy and achieve, have the opportunity to make a positive contribution and, through citizenship education in particular, broaden their understanding of their individual responsibilities.

### Junior PCSO Scheme

The Safer Neighbourhood Team has put the scheme together to provide a programme of activities that can achieve the above within their local neighbourhood.

The young volunteers meet once a week, working together to improve the local environment by taking part in activities such as, litter picking, cleaning off graffiti and general care for their neighbourhood. Throughout the scheme, there will also be presentations from the Fire Service and other organisations, who educate the Junior PCSO's on real life scenarios.

It raises social awareness and teaches young children about the implications of their actions; focussing on preventing abusive behaviour and property damage, and the value of having respect for themselves and others, and their surroundings.

### Uniform

The Junior PCSO's will wear a high visibility vests that has been kindly donated by Approved Safety Products, free of charge.

### Number of Participants

The scheme allows approximately 15- 20 young people aged 9-19 years to attend each week. The adult to child ratio is two to fifteen.

# Residentialials

Each year we run several different residential opportunities. Over the last few years we have had many successful trips away to a variety of locations.

## **Adams Ark Community Canal Boat**

These are usually weekend trips and also a 5 day trip during the summer. The young people will get to learn how to be a skipper and enjoy a wide range of activities whilst on and off the barge plus helping with Life Skills

## **Kingswood Activity Centre**

We do several weekend trips to Kingswood Activity Centre which is based in Conisbrough, Doncaster. Whilst on residential the young people will get chance to participate in a wide range of indoor, outdoor and water activities.

## **France Residential**

For the past two years we have taken a number of young people on a 5 day trip to Kingswood France and Disneyland Paris. Whilst in France the young people have participated in a range of different activities including visiting a traditional chocolate factory, playing sports on the beach, visiting traditional French markets, visiting Notre Dame and eating at French restaurants whilst also doing activities on the Kingswood site which included making croissants and playing French sports. We also concluded the trips by spending a fun filled day at Disneyland Paris experiencing all the shows and rides it has to offer.

## **Over Night Respite**

J&D Activities have supported Young People with overnight respite at Harmony House giving parents the opportunity to have some time with their other family members.

Please join us on Facebook at J&D Activities to see what upcoming residential trips we are running or take a look at our new website:

[www.jdactivities.co.uk](http://www.jdactivities.co.uk)

# Contact Us

If you would like more information about anything or to book a place please email John Betts [jdactivities2013@gmail.com](mailto:jdactivities2013@gmail.com) or ring on **07828581594**

You can also contact Lottie Farrell at [Lottie.jdactivities@gmail.com](mailto:Lottie.jdactivities@gmail.com)

You can also visit us on our Facebook page: J&D Activities

Our website: [www.jdactivities.co.uk](http://www.jdactivities.co.uk)

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Parkway South,

Wheatley

Doncaster

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