



## Parents Support Group 12/03/19 - Synopsis.

### Workshop: Introduction to Sensory Processing Difficulties.

- 11 parents attended the session, 1 parent governor. Chair of governor and school nurse also attended.
- 14 feedback questionnaires completed.
- Analysis from Feedback as follows:

#### Did you find the session useful?

All 14 stated that they found the session useful and made the following comments;

- A lot of things that I didn't know that were related to Autism.
- Yes learnt a lot about things I never knew. Very useful
- It was outstanding!
- I learned things today on certain senses which make sense of the things I am now seeing.
- It's good to re look at the senses. I didn't realise there was 3 extra senses that was so strong. And internal organs are now a new one.
- The session was really good at explaining sensory processing difficulties.
- Tailored information so very appropriate to my child.
- Very useful.
- Brilliant session. Was excellent in letting parents contribute. Was great learning for myself to understand more about Autism.

#### What aspects of the session did you find useful?

- All.
- All of it!
- Strategies for dealing with sensory processing difficulties.
- A good refresh on how the senses affect us.
- All.
- Understanding a child's reaction to over stimulation.
- The information.
- The opportunity for parents/carers to get together and discuss their own children and share strategies.
- Senses.

- Everything I found useful all the way through.
- That when they hit teenage year their senses can change. All information useful.
- Different sensory processing for autistic children, which is helpful for parents to recognise. Brilliant.
- Different sensory processing difficulties for autistic children.

### **Did the session meet your expectations?**

All 14 stated they would attend future sessions.

- The film was outstanding. So pleased the children are watching this film.
- Learnt a lot of new things.
- It did.
- I learnt a lot about my child's behaviour.
- Yes. And I do have high expectations.
- It was good for all parents; it was a wow session, with everything we heard from Mrs Chambers, Miss Exelby and all the parents and governors.
- Very informative, friendly and helpful.
- Laura Chambers was excellent at explaining in a common sense way so I could apply the information.
- Yes, very informative.

### **Was the time convenient to you?**

- All 14 stated the time was convenient.
- It was a good time.
- I am retired – but quite busy. It is difficult to find a time that would suit all parents/carers.

### **Will you attend further parenting support groups?**

- The information that has been given to us is brilliant. The comments and observations from other parents are valuable to me.
- Yes very interesting.
- I will attend every session. Thank you.
- Yes- when I can.
- I am happy to attend all the parenting groups.
- Lovely to learn something but also really nice to meet other parents.
- Yes I found the sessions very helpful, and will always attend when I am available.
- Yes I try and attend all of them.
- Not really.

- Yes I think we can learn from each other. We gain knowledge from teachers and others experiences.

### **Any other comments**

- We are well provided for with fruit, drinks and biscuits and our children are in very good hands. The film was amazing, very good. Brilliant.
- Laura was super and Jackie too. Super group of parents at the group.
- I really enjoyed the parent group session; because I learned some new things that will help me develop my son with his development.
- Longer sessions would be good.
- Request from one parent for support with a specific issue her child has regarding touch/sensory issues.
- Yes I found the sessions very helpful, and will always attend when I am available.
- Jackie Exelby manages these sessions really well. So grateful for these sessions.
- Thank you.
- I am sure that all the parents and carers present benefited from this session. It was very relevant to all. Thank you very much to Laura and Jackie.
- Please keep the courses going as the things we learn and information is invaluable to us all. Thank you for the time you give us to be able to understand our children.

Miss Exelby  
Senior Learning Mentor.  
12/03/19