

# WORRIED? WE'RE HERE TO LISTEN

Call Childline on 0800 1111



**childline**

ONLINE, ON THE PHONE, ANYTIME  
childline.org.uk | 0800 1111

Whatever your worry, call us  
and a friendly person will be there  
to listen. **It's free, you don't have  
to tell us your name, and we're  
here all day and night.**