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Autumn 1

1	Own Classes				
2	Kayaking Y11	Climbing / weasling / Bouldering Y11	Orienteering/Team building Y10	Golf Y10	
3					
4					
5	TAG Rugby (Rugby World Cup workshops) Y10 + Y11				
6	Kayaking Y10	Climbing / weasling / Bouldering Y10	Y11 Work Experience		
7					
8			Orienteering/Team building Y11	Golf Y11	

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Spring 1

1	Fitness	Mountain Biking Bike Maintenance (Offsite)	Dance	Basketball	PSHCE (am) YEAR 1		
2							
3	Gym						
4							
5							
					Citizenship		
					Prison Me No Way Courts		
					<i>Current Affairs</i>		

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Summer 1

1	Golf (Offsite)	Tennis (Offsite)	Climbing / Weasling / Bouldering	Kayaking	
2					
3					
4					
5	Golf	Tennis	Y11 Work Experience		
6					

7	(Offsite)	(Offsite)	Climbing / weasling / Bouldering	Kayaking	
8					

Note: For PSHCE Units of work see PSHCE Curriculum plan September 2015 - July 2016: KS3/4: YEAR 1: In General Staff Folder / Curriculum Planning.

PSHCE is a 2 year rolling programme.

Sports Leaders Level 1 & 2 to be run over the 2 years.

D of E Bronze & Silver to be run over the 2 years.

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Autumn 2

1	Ice Skating	Swimming	Bowling	PSHCE (am) YEAR 1	PSHCE (am) YEAR 2
2					
3	Ice Skating	Swimming	Bowling	Citizenship	Citizenship
4				Anti-social Behaviour	Current Affairs
5				Gang Culture	
6			Christmas -School	Guns & Knives	
7				PREVENT Resources	

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Spring 2

PSHCE (am) YEAR 2
Citizenship
Emotional Health
Communication
Body Language
Identifying Emotions
Relaxation

1	Football	Indoor Climbing (Hall)	Fitness Sessions (Gym)		Exercise to music
2					Yoga/Relaxation
3	(MUGA)				
4					
5		(Possible Awesome Walls Trip)			

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Summer 2

1	Athletics	Cricket	Rounders
2	Athletics	Cricket	Rounders
3	Athletics	Cricket	Rounders
4	Olympics Challenges Day		
5	Healthy Lifestyle Week		
6	Own Classes		

PSHCE (am) YEAR 1	PSHCE (am) YEAR 2
RSHE	Drugs Education
Contraception STI's Pregnancy NSPCC Resources LGBT - Stonewall Resources	Alcohol, Smoking, E-Cigs Cannabis Heroin / Crack Cocaine Legal Highs Reducing Harm